

AC

MAGAZINE FOR ADMISSIONS COUNSELORS
ATLANTIC INTERNATIONAL UNIVERSITY
06 • JUNE 2014



MyAIU Comprehensive education focused on the person



Do you think that personal growth is achieved only through academic knowledge? Think twice. If the individual development of the human being considers the psychological, biological, social and spiritual factors, why should education be limited to the promotion of intellectual knowledge? It is important, indeed, but it is not the only element. In response to this idea, AIU presents the new original educational platform, MyAIU. No other university of its kind offers a comprehensive education as does Atlantic International University. This sets us in a separate place and it helps us to strengthen legitimacy.

This is why, as an AC, you have to let your prospects know what MyAIU is and how it can improve not only their study experience, but their whole life without paying extra fees. The following are eight advantages about MyAIU that you should know in order to help your prospects take the wise decision.

1 Complete health

In order to balance knowledge with physical, mental and spiritual health and according to their own beliefs, the student may learn to keep healthy from different perspectives and find a state of mind and body that promotes life. For students from certain countries this will be their first approach to a similar idea.

2 Encouraging social responsibility

The student may find the way to commit to live and promote equal opportunities for everyone. That is a great value of universal education. Also, the student may participate directly helping others.

3 Importance of economic sustainability

Students will supported to organize their personal finances for a full economic development and generate new sources of income. Not only so they can be in a position of completing educational programs, but also to provide better quality of life for their families.

4 Commitment to human rights

Some students may find that this commitment is not familiar and feel it far away from them, but there are many other students with a life condition that is permanently threatened. You just have to read the news: people kidnapped or tortured, companies and people losing opportunities because of corruption in third world countries. The real force for change is with us. If we participate we can create a better world.

5 Creating community

MyAIU gives the students the opportunity to share their experiences. They are always invited to share their knowledge and research they have worked on. The strength of a university could be measured by their students and the creation of an original thought. In AIU's platform you can see it reflected.

6 Learning or improving other languages

The ability of the students to interact with the world can lead them to a better income. MyAIU Language Center will help them not only to learn other languages but to express themselves and communicate better in a global environment. Graduates who speak more than one language earn at least 30 percent more than those who don't.

7 Publication of papers and books

Universities are the main generators of knowledge around the world. That is one of their more important goals. Through MyAIU, the students will be able to get their work published either internally or all over the world when it is required. Can you imagine the recognition they could reach, not only in their own community but worldwide in their working field after the publication of a book?

8 Easy access for every student

All of the students can access MyAIU directly from the students platform.

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DIRECTORY

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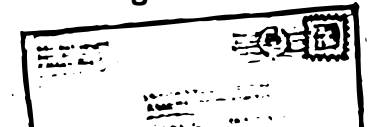
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MAILBOX

We want to hear
your ideas
and opinions!

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My AIU

Live, learn & share



A place where you can feel free to express yourself and share your thoughts with the world, **MyAIU** allows you to upload material in different formats and share it to the world. Do you have a new book? Do you write music? You have speeches you are proud of? Any presentations you have made? Courses? What about those pictures you have taken and deserve to be seen all over the world by the AIU family?

MyAIU allows you to do all that and much more to expand your horizons and be more aware of the things happening around you. Get involved and start uploading your work to share your knowledge and experience, and learn from others to become a more successful individual or professional.

MyAIU's mission is to motivate and allow AIU family to access different activities and information that will let us learn and apply it to our lives in so many different ways

to keep a positive attitude and happiness in their lives.

The elements that integrate this Human Development Center are **MyAIU Body, MyAIU Mind, MyAIU Spirit, MyAIU Energy, MyAIU Evolution, MyAIU Money, MyAIU Knowledge, MyAIU Research, MyAIU Human Rights, MyAIU Pledge, MyAIU Language Center, and MyAIU Pedia**, the tool that integrates all the elements. Every member can enrich **MyAIU** by uploading their own valuable publications in different formats, such as books, video, courses, articles, images, components and audio.

Holistic education

Holistic development refers to human development that is meant to involve all the parts of a person, including physical, mental, emotional, social, intellectual, cultural, ethic and spiritual development.

Holistic education is a philosophy of education

based on the premise that each person finds identity, meaning, and purpose in life through connections to the community, to the natural world, and to humanitarian values such as compassion and peace. Holistic education aims to call forth from people an intrinsic reverence for life and a passionate love of learning. This is the definition given by Ron Miller, founder of the journal *Holistic Education Review* (now entitled **Encounter: Education for Meaning and Social Justice**). The term holistic education is often used to refer to the more democratic and humanistic types of alternative education. Robin Ann Martin (2003) describes this further by stating, "At its most general level, what distinguishes holistic education from other forms of education are its goals, its attention to experiential learning, and the significance that it places on relationships and primary human values within the learning environment."

The concept of holism refers to the idea that all the properties of a given system in any field of study cannot be determined or explained by the sum of its component parts. Instead, the system as a whole determines how its parts behave. A holistic way of thinking tries to encompass and integrate multiple layers of meaning and experience rather than defining human possibilities narrowly.

MyAIU Body

Learn about how to keep yourself in the best possible shape in and out. Our mission is to integrate and motivate our community to change their lifestyle and improve their health, nutrition and all those different facts that will be reflecting in a better life.



On **FIT DAY**® you can create a free account and use many tools to stay fit.

FEATURES :: Free Calorie Counter. Diet and weight loss journal. Create a Goal, Track Food, Log Activity & See Progress!

Articles. Nutrition: Calories, Carbs, Diets, Fats, For Men, For Women, Healthy Eating, Lifestyle, News, Paleo, Proteins, Tips, Vitamins and Minerals, Weight Loss. Fitness: Body Building, Cardio, Equipment, Exercises, Fitness Test, GymsSports Training, Strength Training, Stretching, Toning, Weight Loss.

Personal Online Dietitian. Message online with a Registered Dietitian and create a custom health and fitness plan. **Premium Calorie Counter.** Experience an ad-free calorie tracking interface. Gain access to enhanced reporting and custom tracking. **PC Calorie Counter.** Download FitDay PC directly to your computer. It is fast, secure and easy to use on-the-go. **Mobile Application.** Use your existing account to track all your foods and exercise on-the-go. Stay on top of your weight loss and keep motivated.



NOURISH INTERACTIVE is the fun way to learn about nutrition! Your free one stop resource for fun nutrition games for kids, interactive nutrition tools and tips for parents and health educators to use to promote healthy living for the whole family. Created by nutrition and health care professionals, Nourish Interactive's nutrition education website gives children and families the knowledge and skills they need to make healthy choices.

FEATURES :: Free Printables. Get free printables for kids –puzzles, crosswords, coloring, etc. **Our games!** Lots of online games and fun arcade style interactive games for kids. **Food Group Games.** Free kids food group games, interactive healthy eating nutrition flash games, fun food activities, and online word puzzle games for kids. **Elementary Nutrition Education.** Welcome Health & Nutrition Providers and Professional Educators. **Parents.** We are very proud to share our Showcase page of organizations that list Nourish Interactive as a reliable and credible resource.



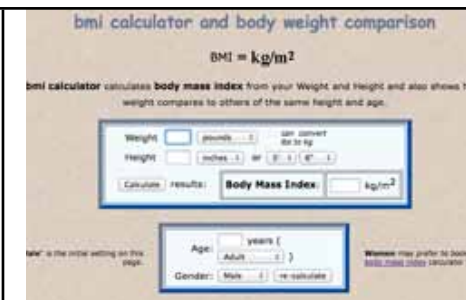
With **FREE MEDITATION** you get the best meditation resources on the web. Meditation can be an effective form of stress reduction and has the potential to improve quality of life and decrease healthcare costs.

FEATURES :: Articles. Videos. News. Testimonials. Music. Online Course. **Meditation basics.** What is meditation. How does meditation work? Thoughtless awareness. Types. Chakras. Meditation and cool breeze (vibrations). Kundalini Yoga. Meditation and enlightenment. **How to meditate.** Guided meditation. SY Meditation -the gentle answer. Meditation techniques. Tips for beginners. FAQ about meditation. **Benefits of meditation.** Meditation helps with stress, anxiety, hypertension, drug abuse, ADHD, depression, asthma. **Online meditation.** Self-realization. Kundalini awakening. Music therapy for meditation. Meditation for children (0 to 6 years). Sahaj meditation music for children. Online meditation course. **Sahaja Yoga.** The ultimate spiritual experience.



FRAGRANT HEART: How to meditate from the Heart. Whatever your personal situation right now, meditation can help you to feel greater calm and inner peace. Instead of using your outer will to transform your life, meditation helps you to access your "inner voice" or guide. Your Heart knows what's correct for you, but its voice is often drowned out by the confusion reigning in the mind. Meditation helps quieten the mind so you can listen to your Heart.

FEATURES :: Free Audio Meditations. Created by Elisabeth Blaikie in the following categories: Meditations for Relaxation & Stress Relief, Meditations for Healing, Meditations for Women, Meditations for Children, Chakra Meditations, Compassion Meditations, Love Meditations, Meditations for Self Esteem, Meditations for Spiritual Awareness, Mantra Meditations, Yoga Meditations. **Articles.** More than 60 and new coming. **Shop.** Meditation MP3 files. Buying our products shows your support for Fragrant Heart. **Meditation Courses.**



NUTRITION DATA: Know what you eat. Here you'll find detailed nutrition information, plus unique analysis tools that tell you more about how foods affect your health and make it easier to choose healthy foods. The information in our database comes from the USDA's National Nutrient Database for Standard Reference and is supplemented by listings provided by restaurants and food manufacturers.

FEATURES :: Topics. Better Choices Diet. Glycemic Index. Fullness Factor. Fatty Acids. Food Additives. Effects of Processing Food. Recipes. Nutrition News. The ND Blog. Dieting & Weight Loss Blog. **My ND.** My Foods. My Recipes. My Tracking. My Preferences. My Profile. **Blogs.** Nutrition Data blog. Heart Health blog. Diabetes blog. Dieting and Weight Loss blog. **Quick-Start lists.** Low-Carb / Smart-Carb Foods. Low-Fat / Low-Calorie Foods. Heart Healthy Foods. Super-Nutritious Foods. Quick and Healthy Foods. **Help.** Caloric Ratio Pyramid. Nutrient Balance Indicator. Nutritional Target Map. Estimated Glycemic Load. IF Rating. Nutrition Glossary.

SPARK PEOPLE. Sparking millions of people to live healthier, happy lives. Our weight loss program teaches people to stop dieting and transition to a permanent, healthy lifestyle. We've found that using sound nutrition and regular exercise as a "springboard" for success helps our members find greater enjoyment in life and strive for even more goals.

FEATURES :: Food & Fitness. Baked goods, drinks, dairy, characteristics, fruits, grains, regional, meats, nuts, preparation, prepared, seafood, seasoning, style, veggies, occasion. **Trackers.** Calorie Counter. Diet Resources. Mobile. **Articles & Videos.** Nutrition Articles. Fitness Articles. Motivation Articles. Exercise Demos. **Community.** SparkTeams. SparkPages. SparkPeople Blog. Diet Community. BabyFit.com. **Eat Better.** Recipes, Diet & Nutrition. **Feel Better.** Health & Wellness. **Look Better.** Fitness, Beauty & Style. Inside Spark People. Exercise. Videos. Mobile Apps. Challenge. Central Spark. Activity Tracker. **Change your life.** Be our next success story. **My Tools.** Diet Blogs. Healthy Recipes.

With **STRESS RELIEF PIG**, forget stress & anxiety. He's pink, loud, stressed and very sensitive to touches.

FEATURES :: Articles. Texts about stress and related topics. **Stress relief puzzles and toys.** Office toys, fun slinkys, Hoberman spheres, tangles and squeeze toys. Motion toys and funny office supplies. **Squeeze toys.** A wide selection of funny and relaxing toys. **Stress relieving massagers.** Increase blood circulation of your scalp or muscles of your head, relax your body and mind, helps reduce stress and improves health. **Stress relief vitamins.** Best stress relief vitamins include B-complex, which are best taken with vitamin C. **Tips.** Learn how to say "no". Try to get enough sleep. Count to ten. Take Deep Breaths. Listen to your favorite music. Play relaxing or logic games. Take a break from stressful work. **Stress relief games.** A great collection of games suitable for keeping your thoughts away from stressful and annoying things. Two options: aggressive and destructive. Relaxing games. **The Pig.** Meet the infamous and extensively stressful stress relief pig.

On **HALLS MD** you can find many health calculators and charts.

FEATURES :: Body Mass Index topic pages. Body Mass Index Calculator. Find out if you are overweight. **Detailed Breast Cancer Risk Calculator.** The Breast Cancer Risk Calculator provides a detailed breast cancer risk assessment, that educates as it estimates a woman's chances of developing breast cancer. **Ideal Weight Calculations.** Several methods of Ideal Weight Calculations helps you choose an Ideal Weight goal reasonably. The scientific basis is discussed. **Body Surface Area Calculator.** This Body Surface Area BSA Calculator will calculate Body Surface Area safely for accurate medication doses. **Growth Charts of Children's Height and Weight.** Pediatric Child Growth Charts are modern charts of children's height and weight. Parents often wonder if their child is overweight or too small. **Height and Weight Charts.** Height and weight charts. See how the weight and height of individuals tends to change with age, and shows the average weight of women and men.

Live a better life learning how to keep your body balanced between a good nutrition and physical activities.

MyAIU Mind

Mission: To motivate us to start high performance training for the brain to develop better mental skills that are useful in our daily lives.



LUMOSITY: The leader in the science of brain training. Challenge your brain with scientifically designed training.

FEATURES :: Prestigious research network. We collaborate with researchers from 36 top universities in an effort known as the Human Cognition Project. Dozens of collaborations are underway. **7 published studies.** Since 2007, 7 studies have been published on the effects of Lumosity in diverse populations, including healthy adults, children, and cancer survivors. **Scientifically designed games.** Lumosity scientists study many common neuropsychological tasks, design some new ones, and transform these tasks into fun, challenging games. **A Personal Trainer just for you.** Sophisticated personalized training, based on what we've learned from analyzing 50+ million members. **40+ scientific games.** Target a wide variety of cognitive skills. We'll help challenge you in the areas that you care about. **Train on any device.** Work out your brain anytime, anywhere. For web and iOS. Android coming soon!



MIND SPARKE: Think. Work. Test. Better. Fitness, cognitive skills, memory improvement & more. MindSparke's affordable and effective online brain training focuses on brain games that work.

Brain Fitness Pro delivers quick and lasting cognitive benefits and **Mind-Sparke's** brain fitness innovations guarantee an unbeatable mental workout.

With free brain fitness and brain health updates and affordable brain training software, MindSparke brain fitness programs are the smart brain fitness choice.

FEATURES :: Reviews. Brain Fitness Program. Brain Training Online. Signup. Fun Brain Workout for Kids. IQ Training. ADHD Strategies. ADD Strategies. OCD Strategies. Stroke Treatment. Test Prep. BBC Brain Training. AARP Brain Games. Dual N Back. How to Increase Memory. Memory Training. Working Memory Training. Spatial Working Memory. Verbal Working Memory. Adult Neurogenesis in the Hippocampus. Brain Cell Growth. Brain Food. Brain Nutrition. Brain Detoxification. Reduce Drinking. Impulse Control.



COG. COGNITIVE FUN! Cognitive neuroscience for everyone. Learn your mind. Play it too.

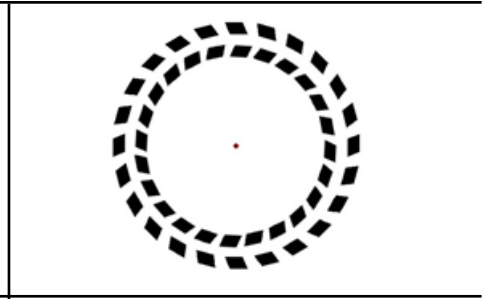
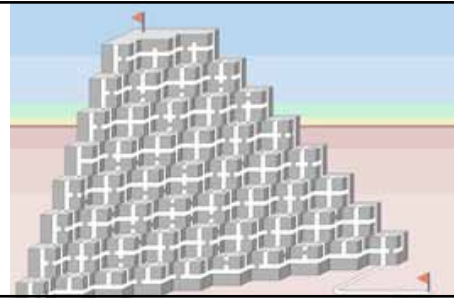
FEATURES :: Tests in different categories. Attentional. Visual reaction time. Go/No go visual reaction time. Auditory reaction time. Go/No go auditory reaction time. **Perceptual.** Fast counting. Basic music intervals. **Executive.** Eriksen Flanker test. Color reading interference. **Item Span.** Visual forward digit span. Visual backward digit span. Auditory forward digit span. Auditory backward digit span. Fast consonant span. Corsi block task. Reverse corsi block task. Differentiation task. **Memory.** J-B dual n-back variant using /kpst/ phones. Jaeggi-Buschkuehl dual n-back task. Working memory test (n-back). Paced auditory serial addition test (English). Comparison test for dual n-back: visual only. Comparison test for dual n-back: auditory only (German). Comparison test for dual n-back: auditory only (/kpst/). Reading span task. **Experimental.** Combined multimodal n-back task. PASAT speed run. 3D dual n-back speed run. Spatial working memory updating.



FIT BRAINS by Rosetta Stone® Challenge Your Brain Today. Personalized Brain Training.

Enhance your memory, focus and brain speed with our award winning brain training program designed by neuroscientists.

FEATURES :: Stay sharp. Fit Brains games were designed by Neuroscientists and award-winning game designers. They are both fun and beneficial to your brain health. **Track Performance.** Tools to track your progress throughout your training. **Train Anywhere.** Exercise your brain on Web and Mobile (iOS and Android). Brain training apps for all members of the family. Start training! **Games.** Fit Brains has the highest quality brain training games on the market. **Training that's personalized to you.** The Fit Brains system will tailor each exercise to your needs. **Easy and accessible.** The Fit Brains training system is easy to use anywhere. **Scientifically backed.** Research shows that online training is an effective way to build cognitive reserve and increase brain performance.



MIND 360. Play smart. Improve your brain performance and live a better life. Remember more, build self-confidence, increase productivity, make fast decisions.

FEATURES :: Brain games: Memory. Word seek race. Cardwise. Face it. Speed dating. **Attention.** Bird alert. Switch ball. **Executive functions.** Drink water. Climb it right. Think fast. **Logic and reasoning.** Bistro balance. Triplets. **Visual perception.** Fish's last wish. Celebrity spot. **Brain training for professionals.** You can greatly enhance your ability to apply stored knowledge. **Brain training for parents.** Games that stimulate the neurons are best for enhancing and developing the memory and other cognitive abilities. **Brain training for kids and young adults.** They can be more attentive in class and process more information quickly and accurately. **Brain training for baby boomers.** Brain neurons or nerve cells require sufficient electrical and chemical stimuli without which they are programmed to self destruct. **Join the Discussion!** Chat with MIND360's psychologists.

GAMES FOR THE BRAIN. Play quiz, memory & brain games to train your thinking. Lots and lots of games that will help your brain to stay fit. Available in more than 30 languages, including English, Spanish, Deutsch, Corean, Dansk, Nederlands, Suomi, Slovenčina, Japanese, French, Italian, Bahasa Indonesian, Polish, Portuguese, Turk, Croatian, etc.

FEATURES :: Games. Dragger. Counterfeit. Colored Lines. The Game You Can't Stop. Guess the Colors. Manyland. Oooze. Rotate. Rotate². Chinese Checkers. Masterpieces. Mastercards. Sudoku. Reversi. Mastermind. TwinCol. NumberHunt. MineHunter. Crime Scene. Mahjongg. Solitaire. What Was There?. The Image Quiz. TriviaNut. Marsmoney. Memocoly. Checkers. Chess. **Word games.** Lettermaze. Anagramania. Guess the Place! The Google Adventure. Letterama. SquareWords. What Word? Spellice. What Did I Search For?. The WordHunt Game. SpeedType. SpeedRead. **Bonus room.** Enter a ticket number won in games to get your surprise prize image.

SMART KIT. School Games & Puzzles. Parents and teachers love our clever puzzles and games since they stimulate thinking, logic, and problem solving. We make sure all content is appropriate for school use & family fun, you will never find violence, harsh language, or adult situations.

FEATURES :: Quick Thinking Games. Fat slice. Ball blender. Three cups and a ball. Number crunch. Axon. Magic Links. Firing day. **Logic.** Color tangle. Clockwork. Flooded village. Liquid measure. Push me. A Christmas puzzle. Choo logic. RightBot, LeftBot. **Physics.** Great bridge building. Line ball. Sprocket rocket design. Cave puzzles. **Hidden objects puzzles.** Sad clown face. Flower scour. Hidden forms. **Math.** Cover the spot. Math equation. Think. Liquid measure. **Jigsaws.** Butterfly up. Hollywood gone wild. Coal mine. Rebuild the earth. **Word.** QBox. Word boss. Cryptograms. Hangman. **Picture.** Tangram. Mini scientist. Skating. Magic links. **Brain teasers.** The man in the coffee beans. A piece of work. Seasonal challenge.

BRAINGLE. Brain Teasers, Riddles, Trivia, Brain Exercises, Games, Forums and more. With over 20,000 brain teasers, riddles, logic problems, quizzes and mind puzzles submitted and ranked by users like you, Braingle has the largest collection anywhere on the internet. Our large array of unique online multiplayer games will keep you entertained for hours, and if you want to improve your brain, check out the Mentalrobics section. If you crave a brain teaser, mind puzzle, riddle or game, we are the place to get it. Increase your creativity, boost learning and become a better person at Braingle. Get ready to have your brain tangled!

FEATURES :: Brain teasers. Optical illusions. Puzzle hunts. Codes and ciphers. Mechanical puzzles. **Trivia.** Quizzes. Fact box. Photo identification quiz. Famous art quiz. Celebrity quiz. **Mentalrobics.** Articles. Memory tests. Flash cards. Vocab builder. IQ tests. **Games.** Braingle games. Directory. Card games. **Community.** Public forums. Talk boxes. Private messages. Live chat.

Vision: To become a platform where privileged minds can develop new ideas that will change our society.

MyAIU Spirit

Mission: Motivate our members to integrate, coexist and respect their different beliefs creating a positive change to improve their lives.



THE SECRET. Everything is possible. Nothing is impossible. The Secret film reveals the single most powerful law in the universe. Rhonda Byrne's discovery of The Secret began with a glimpse of the truth of life within a 100-year old book. She went back through the centuries, tracing and uncovering The Secret that lay at the core of the most powerful philosophies, teachings and religions in the world. What Rhonda discovered is now captured in The Secret, a film that has changed millions of people's lives across the planet. No matter who you are, no matter where you are, you can change your life. This is The Secret to prosperity, health, relationships and happiness. This is The Secret to life. Ask, believe, receive.

Available in the following languages: Arabic, Bulgarian, Chinese, Croatian, Czech, Danish, Dutch, English, Finnish, French, German, Greek, Hebrew, Hindi, Hungarian, Icelandic, Indonesian, Italian, Korean, Norwegian, Polish, Portuguese, Romanian, Russian, Slovak, Spanish, Turkish.



UCLA HEALTH: It Begins With U. As a part of UCLA Mindful Awareness Research Center, UCLA Health offers free guided meditations. For an introduction to mindfulness meditation that you can practice on your own, turn on your speakers and click on the "play" or "download" links. Podcasts are also available on iTunes.

If you are new to meditation, start with the 5-minute Breathing Meditation.

For a more in-depth class experience, take the 6-week Online Classes.

FEATURES :: Breathing Meditation (5 mins). **Breath, Sound, Body Meditation** (12 mins). **Complete Meditation Instructions** (19 mins). **Meditation for Working with Difficulties** (7 mins). **Loving Kindness Meditation** (9 mins). **Body and Sound Meditation** (3 mins). **Body Scan Meditation** (3 mins). **Body Scan for Sleep** (12 mins).

*All Rights Reserved. ©2013 UC Regents.
All meditations by MARC's Director for Mindfulness Education, Diana Winston.*



BELIEFNET. Inspiration, spirituality, faith. The most comprehensive online resource for inspiration and spirituality. With a mission to help people find and walk a spiritual path that instills comfort, hope, strength and happiness for people who are exploring their own faith or are curious about others, Beliefnet is the leading source of spiritual information presented without a defined editorial point-of-view. Beliefnet has something for everyone.

FEATURES :: Faiths & Prayer. Belief-o-Matic. Prayer. Christianity. Catholic. Buddhism. Judaism. Islam. Hinduism. More Faiths. Prayables. **Inspiration.** Angels. Inspirational Quotes Search. Daily Horoscope. **Health.** Healthy Living. Emotional Health. Physical Health. Health Support. Transform Your Life. **Entertainment.** Music. Movies and TV. Quizzes. Travel. Sports. Joke of the Day. Celebrity Faith Database. **Wellness.** Meditation. Personal Growth. Love and Family. Apron Strings. Relationships. Parenting. Teens. Caregiving. Recipes. Pets. Holidays. Life Events.

Vision:
To become
a platform
where
people
can express
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MyAIU Energy

Mission: Motivate and allow AIU family to access different activities and information that will let us learn and apply to our lives different ways to keep a positive attitude and be happy.



ASSISI ACUPUNCTURE. Resources, tips, blog. Chinese medicine has been used as an effective method for over 5,000 years.

FEATURES :: Acupuncture Articles. Tying Into Ancient Philosophies: Does Chinese Medicine Work? The Principle of Yin and Yang for Medicine. The West Meets the East: Using Science to Prove Chinese Medicine. Is Acupuncture For You? Understanding the Benefits and the Risks. Finding the Right Method for Healing: Chinese Medicine Hierarchy of Medicine. **Acupuncture News.** Best Apps for acupuncture. Are you a huge fan of acupuncture? The Points of Acupuncture: Fitting Together Holistic Health. Tuina and Chinese Medicine. Getting the Body Back to Work. **Acupuncture Philosophy.** The Art of Needles: Acupuncture in Chinese Medicine. Pointing To Your Health: Finding Alternative Solutions through Meridian Systems. Find the Cure: Balanced Cures for Imbalances in Problems. **Acupuncture Videos.** Back Pain. Fertility. Massage. Treatment. Weight Loss.



LAUGHTER THERAPY. We need to laugh more and seek stress reducing humor in our everyday lives. Laughter is the human gift for coping and for survival. Laughter ringing, peeling, roaring, bubbling. Chuckling. Giggling. Snickering. Snorting. These are the sounds of soul saving laughter which springs from our emotional core and helps us feel better, see things more clearly, and creatively weigh and use our options. The power of laughter is unleashed every time we laugh. In today's stressful world, we need to laugh much more.

FEATURES :: Fun with laughter. Cartoons. **Laughter Tips.** For Relationships. For the Workplace. Small tips for fun in relationships. Tips for more laughter in your life. Holiday laughter tips for relationships. Twelve reasons Christmas is better than sex. **Additional Articles.** Laughter: Nature's Best Bet for the Blues. The Power of Laughter. An Innovative Psychotherapeutic Approach to the Treatment of Sexual Abuse Utilizing the Laughter Catharsis. Laugh at Your Abuse?



POSITIVELY POSITIVE. Your attitude + your choices = Your life. At its core, Positively Positive is about optimism and inspiration. About seeing the possibility within each person –and within each day gifted us. It's about wisdom and how we lift one another up to richer, more fulfilling lives. It's about tapping into our true nature and capacity. Our goal is to bring uplifting voices and messages to our community every day. Our contributors and guests go from Olympic Gold Medalists, to kids fighting for their lives, to everyday people wanting to make a difference in the world.

FEATURES :: Blog posts, videos, and quotations designed to remind us that there is good in every situation, and possibility in every person. Seven categories: **Inspiring, Living, Loving, Playing, Working and Giving.** Some examples are: How to stop distracting yourself in order to start living a life that you truly love. What are the things that have shaped you? You are not your job. How to keep your heart open when you're angry.

Vision: To integrate and have one of the biggest course and conference libraries in the web to help our community to develop themselves as better professionals and individuals for their communities.

MyAIU Evolution

Mission: Make a huge contribution to the world giving new scientifics the space for new investigations and research. Integrate our members to be more related to evolution topics and be always aware of changes happening in our environment.



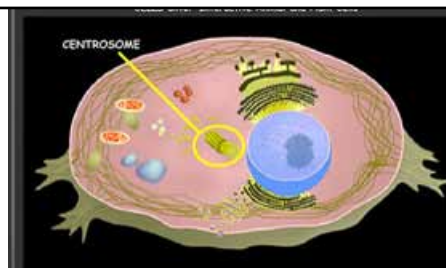
MORPHOLOGY: The hilarious guessing game where creativity wins. The idea for Morphology first emerged during a snowstorm in Minneapolis, MN. Morphology inventor and recent Macalester College graduate Kate Ryan Reiling and two of her friends were stranded in their apartment and decided to play a board game.

FEATURES :: What comes in the game: 6 wooden blocks, 2 black circles, 9 glass beads, 12 cubes, 240 word cards, 4 wooden people, 1 string, 1 piece of green felt, 1 timer, 4 team frogs, 1 die, 1 board, 1 rules booklet. **How to play: Build.** Each team selects a Morphologist™, the person who will create the first word. Without talking, the Morphologist™ must “morph” the pieces into the word. However a certain level of nodding, grunting and encouraging by the Morphologist™ is allowed. **Guess.** Each time a team correctly guesses the word in the 1 minute allowed, it moves its frog forward to the next lily pad. The die is always passed to the left. **Win.** The first team to reach the final lily pad wins!



COLLECTIVE CONCIIOUSNESS is all about sharing information and increasing the conscious awareness of people, on mother earth. When we become fully aware of who we really are and how powerful each individual person really is, we can start to take back the power, which is so rightfully ours. Our ultimate goal, is to help people to feel free of any emotional attachments, ego oriented decision making and to be present in the moment with happiness and self worth.

FEATURES :: Education. Here are two talks given by Sir Ken Robinson at the TED conference. **Business Blog.** Posts in different categories, such as business, environment and awareness. **Feature movie.** The latest inspirational movie published. **Movie Archive.** Interesting movies on consciousness, inspiration and how we can obtain a better understanding of ourselves. **Meditation.** A guided meditation per week. **Motivation.** The true art of living, is to be present in the moment, to see conflict as our own issues being mirrored back at us.



CELLS ALIVE! This website represents 30 years of capturing film and computer-enhanced images of living cells and organisms for education and medical research. The site has been available continuously and updated annually since May of 1994 and now hosts over 4 million visitors a year. All text, images, and layout are provided by Jim Sullivan.

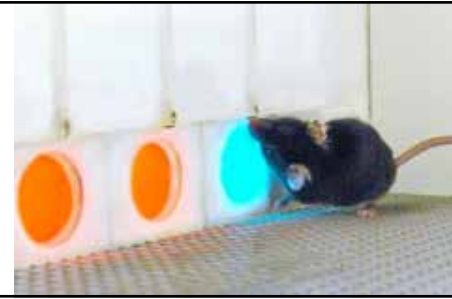
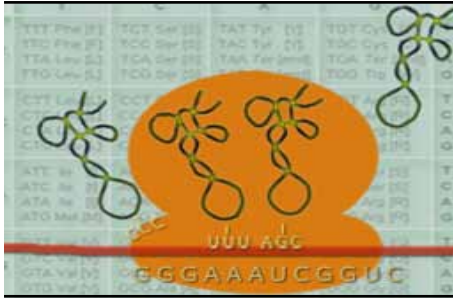
The majority of the site is free of cost and registration for anyone with internet access. With up to 25,000 visitors a day during the school year, hosting costs are an issue. Students and teachers who purchase downloads for classroom use make this possible.

FEATURES :: Contents. Cell Biology. Microbiology. Immunology. Microscopy. **Interactive.** Cell Models. HowBig. Mitosis. Cell Cycle. Meiosis. Cell Cams. Puzzles. Worksheets. Quizzes. **Online Store.** FLASH® +. PowerPoint®. Video Clips. **Producers.** A stock video library for producers includes a range of subjects, both live recording and computer animation.



LEARN.GENETICS. The Genetic Science Learning Center at The University of Utah is a nationally and internationally-recognized education program that translates science and health for non-experts. In addition to genetics, we address all areas of life science and health as well as other scientific fields. The GSLC’s websites are one of the most used science sites on the Internet. In 2013, they received almost 20 million visits, which came from virtually every country in the world.

FEATURES :: Genetics. Tour of basic genetics. Characteristics of inheritance. Molecules of inheritance. Genetic variation. Chromosomes & inheritance. Epigenetics. Addiction: Genetics & the brain. Genetic science. **Cell biology.** Amazing cells. Stem cells. Cloning. **Evolution and ecology.** The human microbiome. Variation + selection & time. Astrobiology. Extreme environments: Great Salt Lake. **Human health.** Genetic disorders. Pharmacogenomics. Family health history. Gene therapy. **Science tools.** Virtual labs. Mathematics.



DNA FROM THE BEGINNING: An animated primer of 75 experiments that made modern genetics.

FEATURES :: Classical genetics. Children resemble their parents. Genes come in pairs. Genes don't blend. Some genes are dominants. Genetic inheritance follows rules. All cells arise from pre-existing cells. Sex cells have one set of chromosomes; body cells have two. Specialized chromosomes determine gender. Chromosomes carry genes. Genes get shuffled when chromosomes exchange pieces. Etc. **Molecules of genetics.** DNA and proteins are key molecules of the cell nucleus. One gene makes one protein. A gene is made of DNA. Bacteria and viruses have DNA too. The DNA molecule is shaped like a twisted ladder. A half DNA ladder is a template for copying the whole. Etc. **Genetic organization and control.** DNA is packaged in a chromosome. Higher cells incorporate an ancient chromosome. Some DNA does not encode protein. Some DNA can jump. Genes can be turned on and off. Genes can be moved between species. Etc.

NOVA. NOVA is the highest rated science series on television and the most watched documentary series on public television. It is also one of television's most acclaimed series, having won every major television award, most of them many times over. Watch online hundreds of interesting videos or listen to podcasts.

FEATURES :: NOVA sites: NOVA next. News and big ideas in science and technology. **NOVA Science Now.** Adventures in science with host David Pogue. **NOVA education.** STEM teaching resources and educator community. **NOVALabs.** Real science, real data, and you. **The nature of reality.** The physics of nothing and everything. **The secret life of scientists & engineers.** Video profiles –where the lab coats come off. **NOVA's approach.** How do you make a compelling science documentary? **Producer's stories.** Go behind the scenes with NOVA producers. **Careers.** See what job openings are currently available here at NOVA. **Broadcast awards.** Learn which broadcast awards NOVA has won in its 30-year history.

THE TECH. Museum of innovation. Stanford at the Tech: Understanding genetics. Try your luck at DNA roulette –watch out, you might even learn something. Find out the latest genetic news. Get answers to your genetic questions. A genetics refresher course. Enjoy online genetics activities. This project was supported by the Department of Genetics, Stanford School of Medicine.

FEATURES :: About genetics. What is a Gene? How Do Genes Work? Why We are Different. Mutations and Disease. Genetic Testing. Making Medicines. New Therapies. Ethics. **Ask a Geneticist.** Categories. Submit a question. **Video gallery.** Peter Atkins. Daniel Dennett. Marc Hauser. Ian Tattersall. Deborah Koons Garcia. Sheldon Krimsky. **Online exhibits.** What Color Eyes will your Children Have? Are Genetic Tests Right For You. DNA Roulette. Do-it-Yourself Strawberry DNA. PTC Tasting. Zooming In to DNA. Seeing Color. Blushing From Alcohol. Genes In Common. Genes on Board. Are you a Super Taster? **Genetics in the news. Books. Sponsors.**

SMITHSONIAN. National Museum of Natural History. Committed to expanding the public understanding of human evolution. This research investigates fundamental questions about our evolutionary past. Educational programs expand knowledge of scientific research and evolution.

FEATURES :: Human Evolution Research. Climate and Human Evolution. Asian Research Projects. East African Research Projects. Human Origins Program Team. What's Hot In Human Origins? Fossil Forensics: Interactive. EA dentition database. **Human Evolution Evidence.** Behavior. 3D Collection. Human Fossils. Human Family Tree. Genetics. Timeline interactive. **Human Characteristics.** Walking Upright. Tools & Food. Bodies. Brains. Social Life. Language & Symbols. Humans Change the World. **Education.** Intro to Human Evolution. How Do We Know? Teachers Forum. Education Network. Lesson Plans. Educators Guide. For Students. Fun Facts. **Exhibit.** Exhibit Floorplan. Reconstructions of early humans. **Multimedia.** Audio. Slideshows. Videos. Mobile Apps.

Vision: To integrate our members and provide them the necessary tools to succeed in life making their investigations an innovation to the world.

MyAIU Money

Mission: Motivate and allow AIU members for a better life quality teaching them how to increase their existing abundance having a better financial control.



LIVE CAREER. America's #1 Resume Builder. A fast-paced, innovative company full of smart, committed people who love the work, love the product, and love helping people find better jobs, faster! We balance life and work, and enjoy ourselves while continuing to build a successful company that is changing the way people get jobs.

FEATURES :: Resume Tools. Resume Builder: create/update your resume. Resume Building Tips. Resume-Check: scan your resume for errors. Resume Guide: how to write a resume. **Cover Letter.** Cover Letter Builder: create a professional letter. Cover Letter Tips. **Resume Services.** Resume Review: personalized resume analysis. Resume Writing: Let a Certified Writer do it. Resume Services Customer Reviews. **Jobs.** Search Jobs. **Articles.** Resume Articles. Cover Letter Articles. Jobs Articles. Interview Articles. Careers Articles. **Infographics.** Worst Resume Blunders Ever. **Career Tools.** Career Test. Salary Calculator. Job Satisfaction Survey. Start A Business Test. Education Test.

MONSTER. Great website to search for a job in USA. Take advantage of improving your resume and apply for a job in the United States. Allow us to upload our resume. Shows all the openings and we can use our zip code to see the ones nearby.

FEATURES :: Profile & Resume. Profile. Become a Member. Edit Profile. Resume. Build a Resume Online. Paste a Resume. Upload a Resume. Manage Resumes. Cover Letters. Create a Cover Letter. Manage Cover Letters. **For Employers.** Homepage. Featured Products. Hiring Solutions. Resource Center Homepage. Market Intelligence. HR Events. **Jobs.** Monster Jobs Home. Job Search. Diversity Search. Jobs in USA. Browse for a Job. Saved Searches. Saved Jobs. Apply History. **Career Tools.** Career Snapshots. Career Data. Career Mapping. **Communities.** Join a Community. **Advice.** Career Snapshots. Resume & Letters. Career Mapping. Salary & Benefits. Job-Hunt Strategy. Career Development. Monster Blog. Career Services. **The Monster Network.** Advice for Job Seekers.

MY OWN BUSINESS exists to support the vital social and economic contributions of small businesses by nurturing entrepreneurship and helping individuals build their own business. How to start one, how to grow one.

FEATURES :: Deciding on a business. The business plan. Home based businesses. Financing the business. Business organization. Licenses and permits. Business insurance. Communication tools. Buying a business or franchise. Location and leasing. Accounting and cash flow. E-Commerce. Opening and marketing. Managing employees. Expanding and handling problems. Getting financial controls in place. Getting your team in place. Customer feedback. Achieving lowest expenses. Develop negotiating skills. Alternatives for capital allocation. E-commerce. Growth by duplication. Vertical integration. Franchising your business. Global expansion. Buying businesses. Public ownership. Selling your business. Considerations for family succession.

COURSERA. Take the world's best courses, online, for free. An education platform that partners with top universities worldwide, to offer courses online for anyone to take, for free. We envision a future where everyone has access to a world-class education. Empower people with education that will improve their lives, the lives of their families, and the communities they live in. A for-profit educational technology company offering MOOCs, Coursera works with universities to make some of their courses available online, and offers courses in physics, engineering, humanities, medicine, biology, social sciences, mathematics, business, computer science, and other subjects.

FEATURES :: Courses. Global Partners. US State Institutions. **Specializations On Coursera.** Take the giant leap. **Institutions.** From around the World. United States. **About.** People Leadership. Careers. **Community.** Partners. Community, Programs. Developers. Translate. **Connect.** Twitter. Facebook. Blog. Tech Blog.



WEEBLY gives millions of people an easy and affordable way to create a site that is as unique as they are. With a Weebly site, people can start their own business, communicate with their clients, showcase their achievements, and be an authority on personal and professional interests. Weebly gives everyone the freedom to start a site, blog or online store that works in computers, phones and tablets. Offering a range of pricing options including a free plan and premium plans starting at \$4/month, Weebly has everything you need to plan, build, publish and grow a site that meets your goals. Create your classroom and teach others.

FEATURES :: Themes (for creating your website), **Blog** (to go further), **Jobs, Inspiration Center** (the best way to learn is to learn from what others have done), **Designers** (In case you need them), **Support Center, Enterprise Program** (It is time to create your website), **Affiliate Program** (Promote Weebly & get paid for referrals), **Education Version** (this section is wonderful).



MINT. Your financial life, all in one place. Pull all your financial accounts into one place. Set a budget, track your goals and do more with your money, for free! Mint believes that money is for living. See all your balances and transactions together, on the web or your phone. Mint automatically pulls all your financial information into one place, so you can finally get the entire picture of your money. Mint organizes and categorizes your spending. See where every dime goes and make money decisions you feel good about.

FEATURES :: Online Money Management, Expense Tracking, Money Saving Tips, Create Personal Budget Household Budgeting, Personal Budget Planner, Budget Management, Budget Software, Finance, Calculator, Online Financial Management, Personal Expense Management, Personal Finance Software, Personal Finance Tracking & Tools, Financial Planning, Easy Setup, See where you spend, Helpful graphs, Easy budgeting, Find ways to save, Uncover hidden fees, Reduce your debt.



GOINGGLOBAL: Expand your horizons, your career and your future. Goinglobal.com provides country-specific career and employment information, including world-wide internship and job postings, H1B employer listings, corporate profiles, and career resources for 30 countries.

Updated daily, this annual subscription service is available on an unlimited access basis. It offers corporate and college services. Find international jobs and internships. Expert advice on CV, resume, work permit and visa requirements for work abroad. Check out the latest world-wide employment trends and industry outlooks from Going Global.

FEATURES :: Career guides: Blog, Podcasts, Career news. Job Resources: Posts, Employment Trends, Business Associations/Networking Groups, Financial Considerations, Resume/CVs, Interviewing Advice, Visas and Permits: Work Permits/Visas and Cultural Advice. You can search a job in a specific state or country of your choice. The college Services, let you apply for internships.

Other Resources

Miami Dade College, to create your resume. **Pongo Resume**, specialized in job offers to help us find what we better deserve. **Resume Genius**, website that will help us to improve our resume. **International Jobs**, search for your dream job anywhere in the world. **Careerbuilder**, one of the most popular websites to find a job in the US. **Small Business Learning Center**, with useful information to improve our knowledge on how to start a business. **EDX Courses**, from remarkable universities such as: Harvard, Berkley, MIT, The University of Texas System offering. **OCW Courseware**, from more than 250 remarkable universities. **US Small Business Alliance**, advertise your business in an easy way. **Web.com**, useful information to improve your knowledge on how to start a business. **Wix**, boost your business building a website. **Yola**, create your website for your business. **Budgetsimple**, tools to administrate your finances better. **EPO**, european website to register patents. **USPTO**, US Department of Commerce to register a patent. **LULU**, free publishing of your book. **Booktango**, Publishing your book for free. **Blurb**, publish your book in the biggest stores, and **AIU Publisher**.

Vision: To make more organized individuals providing the tools that will help them to improve their financial situation taking advantage of their talents.

MyAIU Knowledge

Mission: Improve our members competitiveness among the global environment we live in today, providing the necessary tools to develop and improve their learning skills.



OPEN COURSES @AIU. A world of learning made possible by Atlantic International University. Education is a human right, it brings freedom and opportunity.

FEATURES :: Courses by topic: American Public School Law. Business Communication. Business Ethics. Business Policy and Strategy. Business Statistics. College Algebra. Consuming Cultures. Cost Accounting. Credit Management. Economic Analysis. Electronic Commerce. Essentials Of Finance. Financial Management. Fundamentals of Math. Human Resource Management. International Management. International Marketing. International Studies. Introduction to Accounting. Introduction to Marketing. Investment Management. Managing Customer Service. Microeconomics. Political Marketing. Political Science 100. Principles of Accounting. Principles of Andragogy. Principles of Management. Psychology. Public Sector Marketing. Quantitative Methods. Retail Management. School of Finance. Sociology. Sociology and Organizations.

EDX: Take great online courses from the world's best universities. At edX, we believe in the highest quality education, both online and in the classroom.

EdX was created for students and institutions that seek to transform themselves through cutting-edge technologies, innovative pedagogy, and rigorous courses.

EdX offers interactive online classes and MOOCs from the world's best universities. Online courses from MITx, HarvardX, BerkeleyX, UTx and many other universities. EdX is a non-profit online initiative created by founding partners Harvard and MIT.

Study, have fun, uncover a new passion or learn skills that just may change your life. Real classes, an amazing experience, on your schedule, meet new friends.

FEATURES :: Topics include: biology, business, chemistry, computer science, economics, finance, electronics, engineering, food and nutrition, history, humanities, law, literature, math, medicine, music, philosophy, physics, science, statistics and many more.

OPEN EDUCATION CONSORTIUM. The global network for open education. A worldwide community of hundreds of higher education institutions and associated organizations committed to advancing open education and its impact on global education. We seek to engender a culture of openness in education to allow everyone, everywhere to access the education they desire, while providing a shared body of knowledge and best practices that can be drawn upon for innovative and effective approaches.

FEATURES :: 30,000+ Modules. 280+ Organizations. 40 Countries. 29 Languages. **News.** New initiatives to advance educational equality and opportunity around the world **Courses.** High quality educational materials for colleges and universities organized as courses. **Projects.** Annual conferences. Open education week. ACE Awards. Project showcase. **Resources.** Toolkit. CCCOER Webinars. Open Textbooks. Members. **Social media.** Facebook. Twitter. Youtube. Slideshare.

MIT OPENCOURSEWARE. "The idea is simple: to publish all of our course materials online and make them widely available to everyone."

—Dick K.P. Yue, Professor, MIT School of Engineering.

Unlocking Knowledge. MIT OpenCourseWare (OCW) is a web-based publication of virtually all MIT course content. OCW is open and available to the world and is a permanent MIT activity.

Empowering Minds. Through OCW, educators improve courses and curricula, making their schools more effective; students find additional resources to help them succeed; and independent learners enrich their lives and use the content to tackle some of our world's most difficult challenges, including sustainable development, climate change, and cancer eradication.

FEATURES :: Courses. By Topic. By Course Number. By Department. Audio/Video Courses. New Courses. Most Visited Courses. OCW Scholar Courses. This Course at MIT. Supplemental Resources. Translated Courses.



UDACITY. Advance your career through project-based online classes. Relevant courses taught by passionate, experienced industry leaders. Online education that bridges the gap between academic and real world skills. Taught by industry leaders excited to share their expertise from companies such as Google, Facebook, Cloudera, and MongoDB.

Bring design thinking together with programming skills to create projects. Learn anywhere and anytime at your own pace and on your own schedule. Our courses are on-demand so you can level-up your skills just in time to start that new project, take on new responsibilities, and explore new technologies.

Learn by doing real projects. Design, code, and launch fully functional apps. Express your creativity through applications of your choosing. And build your portfolio with a project you'll be proud to share with employers.

FEATURES :: Full Courses include videos, exercises, personalized support, and verified certificates.

KHAN ACADEMY. Learn almost anything for free. Our mission is to provide a free, world-class education for anyone, anywhere. All of our resources are completely free forever, regardless of whether you're a student, teacher, home-schooler, principal, adult returning to the classroom after 20 years, or a friendly alien just trying to get a leg up in earthly biology. We're nonprofit, and we would not be possible without the generous support of users everywhere.

We're a small team trying our best to improve the way the world learns. Too many people around the globe don't have access to good education materials, or they are forced to learn through a system that doesn't properly cater to their individual needs.

We think the technology exists today to fundamentally change this, and we're trying to build the tools and resources every student deserves.

FEATURES :: Library. Math. Science. Economics and finance. Humanities. Computing. Test prep. Partner content.

TED. Ideas worth spreading. (like a virus. But with inspiration instead of sneezing.) TED is a nonprofit devoted to spreading ideas, usually in the form of short, powerful talks (18 minutes or less). TED began in 1984 as a conference where Technology, Entertainment and Design converged, and today covers almost all topics —from science to business to global issues— in more than 100 languages. Meanwhile, independently run TEDx events help share ideas in communities around the world.

Our Mission: Spread ideas.

FEATURES :: Watch. TED Talks. TEDx Talks. Playlists. Topics. TED-Ed Videos. Surprise me. **Read.** News. TED Books. **Attend.** Conferences. TEDx Events. TED Live. **Participate.** Discuss. TED Prize. Organize a local TED Event. TED Fellows. Transalate. **Programs and initiatives. Ways to get TED.** TED Radio. Hour on NPR. TED TV programs. Order a DVD. **Follow TED.** Facebook. Twitter. Google+. Pinterest. Instagram. YouTube. TED Blog. **Our community.**

LULU. Publish books for free. Every book format to meet your every need. Since 2002, Lulu has enabled creators in more than 225 countries and territories to self-publish nearly two million publications with Lulu.com and Picture.com. **Create.** Make your ideas count. Bring your book to life. **Sell** your book in the hands of readers everywhere. **Buy** unique titles from the world's largest indie bookstore. Register for free and get tools, shopping discounts, and revenue generating insights from our community.

FEATURES :: Publishing designed for you. Your book any format. Print only what you need. Freedom and control. **Your book everywhere your readers are.** Amazon. Barnes & Noble. iBooks. Lulu.com **You don't have to do it alone.** Go pro. Online support. Community and forums. **Publishing.** Books. Photo books. Calendars. eBooks. iPad publishing. **Shipping & Pricing.** Shipping options. Shipping help. Pricing info. Return policy. **Bookstore. Hire an expert. Lulu staff picks.**

Vision: To integrate and have one of the biggest course and conference libraries in the web to help our community to develop themselves as better professionals and individuals for their communities.

MyAIU Research

Mission: Motivate and integrate our community to grow and develop their projects and ideas with the support of sponsors or become sponsors to support other projects.



KICKSTARTER. A crowdfunding platform which stated mission is to help bring creative projects to life. Kickstarter is changing how millions around the world connect with art, comics, dance, etc. Since our launch in 2009, 6 million people have pledged \$1 billion, funding 60,000 creative projects. Thousands of creative projects are raising funds right now. Seven things to know about Kickstarter: **1.** Kickstarter is a new way to fund creative projects. **2.** Each project is independently created. **3.** Together, creators and backers make projects happen. **4.** Creators keep 100% ownership of their work. **5.** Creative works were funded this way for centuries. **6.** Backing a project is more than just giving someone money. **7.** Our mission is to help bring creative projects to life.

FEATURES :: Discover. Art. Comics. Dance. Design. Fashion. Film & Video. Food. Games. Music. Photography. Publishing. Technology. Theater.

Hello. Twitter. Facebook. Tumblr. Instagram. Vine. Blog.



GO FUND ME. Crowdfunding for Everyone! The World's #1 Personal Fundraising Websites. Raise money, collect donations and accept gifts with GoFundMe.

How it works. **1.** Create Your Site. An easy way to tell your story and attract support. **2.** Share with friends. Built-in online fundraising tools make it easy to invite others. **3.** Collect online donations. You instantly receive each donation in real time. **4.** Track results. Track visits & review donor info from your donation dashboard.

FEATURES :: Categories. Accidents & emergencies. Animals & pets. Babies, kids & family. Business & entrepreneurs. Celebrations & special events. Community & neighbors. Competitions & pageants. Creative arts, music & film. Dreams, hopes & wishes. Education, schools & learning. Funerals, memorials & tributes. Medical, illness & healing. Missions, faith & church. Non-profits & charities. Other & miscellaneous. Sports, teams & clubs. Travel & adventure. Volunteer & service. Weddings & honeymoons.

CONSOLIDATE DEBT LEARN TO CODE



Jeremy Glapion



Shefali Kumar Friesen

UPSTART. A smarter loan. You earned it. You are more than your credit score.

Founded by ex-Googlers, Upstart goes beyond the FICO score to finance people based on signals of their potential, including schools attended, area of study, academic performance, and work history. Our proprietary underwriting model identifies high quality borrowers despite limited credit and employment experience. Funds can be used for almost anything, including starting a business, paying for a coding bootcamp, eliminating student debt or paying off credit cards. 371 investors. \$2,644,700 funded. 320 upstarts.

FEATURES :: Choose the option that works for you. **Traditional loan:** Our rates can be half those charged by credit cards and other online lenders. APRs starting below 7%. 3 year repayment term. No early repayment fee. **Income share:** Designed for entrepreneurs. Repay a small fixed percentage of your monthly income. Share 1-7% of your income. 5 year agreement. 3X cap on repayment.



AIU INTERNSHIP. Do you have pending community hours that you can spend helping to do some research? Help AIU researching information. Obtain a certificate when you graduate. Share your knowledge to make our world a better place.

Vision: To become one of the biggest networks to fund projects and ideas providing the necessary tools to make them successful.

MyAIU Human Rights

Mission: AIU members can access to material and information to get a better knowledge about our rights and the way we can use them in daily basis to prevent any abuse or limitations of them. Vision: Allow us to be better informed about our rights and how to use them. Promote the integration between AIU members in this topic that concerns to everybody



UNITED NATIONS. Human rights are rights inherent to all human beings, whatever our nationality, place of residence, sex, national or ethnic origin, colour, religion, language, or any other status. We are all equally entitled to our human rights without discrimination. These rights are all interrelated, interdependent and indivisible.

Universal human rights are often expressed and guaranteed by law, in the forms of treaties, customary international law, general principles and other sources of international law. International human rights law lays down obligations of Governments to act in certain ways or to refrain from certain acts, in order to promote and protect human rights and fundamental freedoms of individuals or groups.

FEATURES :: Tools. Research Guide. Treaties. Special Procedures of the Human Rights Council. What are Human Rights? **UN Bodies. Thematic Issues. International courts and tribunals. Other resources. Past conferences.**

UNITED FOR HUMAN RIGHTS (UHR) is an international, not-for-profit organization dedicated to implementing the Universal Declaration of Human Rights at local, regional, national and international levels.

Its purpose is to provide human rights educational resources and activities that inform, assist and unite individuals, educators, organizations and governmental bodies in the dissemination and adoption of the Universal Declaration of Human Rights at every level of society.

FEATURES :: What are human rights. HR defined. A brief history of HR. Universal declaration of human rights. International HR law. HR violations. **Educators.** Effective education tools. Education package details. HR curriculum. Downloads. **Take action.** Get active. Petition. Become a member. Join a group. Start a group. Report HR abuses. Free information kit. **Voices for Human Rights.** Champions of HR. Youth for HR. HR organizations. HR challenges. HR reports.

HUMAN RIGHTS WATCH. We scrupulously investigate abuses, expose the facts widely, and pressure those with power to respect rights and secure justice. Human Rights Watch is an independent, international organization that works as part of a vibrant movement to uphold human dignity and advance the cause of human rights for all. We are: Committed to our mission of defending human rights worldwide. Independent. Factual, accurate, and ethical in our fact-finding. Actively focused on impact. Supportive of a diverse and vibrant international human rights movement and mutually beneficial partnerships.

FEATURES :: Browse by region. Africa. Americas. Asia. Europe/Central Asia. Middle East/N. Africa. United States. **Browse by topic.** Arms. Business. Children's Rights. Counterterrorism. Disability Rights. Environment. ESC Rights. Free Speech. Health. International Justice. LGBT Rights. Migration. Refugees. Terrorism. Torture. United Nations. Women's Rights.

HUMAN RIGHTS EDUCATION: United Nations Regional Information Centre for Western Europe.

FEATURES :: Share your story. Discover and contribute to our series of stories on Human rights education from Teachers and Students in the field. **Office of the High Commissioner for Human Rights.** The High Commissioner for Human Rights. Draft Declaration on Human Rights Education. World Programme for Human Rights Education. **Play and learn.** Videos, podcasts, and a number of interesting Tools are available to you to discover on our website. Make Human Rights Education even more Fun by exploring our exciting Multimedia section. **Observances.** Do you know your rights? **Teach yourself.** Kids. Teenagers University. **Teach others.** Primary. Secondary. Tertiary. **Field experiences. HR materials.** Charter of the United Nations. The Universal Declaration. UN documents. Other resources. **Play and learn.** Videos. Games. Cartoons for kids. Cartoons on human rights.

MyAIU Pledge

Mission: Motivate our members to integrate, coexist and respect their different beliefs creating a positive change to improve lives.

CHANGE A LIFE is a non profit organization that allows people with no resources to have access to the education through big hearted sponsors willing to help and see them succeed in life. In **Change a Life** we are sure that education is the right path to create better people and to help them to achieve a better life

Change a Life mission is to be able to allow everybody in the world with the dream of improve themselves through the education to have access to it, providing the financial assistance that is required to be able to study at a local level, global or via internet

How is Change a life integrated?

1. Applicants who need a financial assistance to study.
2. Sponsors: People or companies who want to help and see this people succeeding in life and achieving their goals.
3. **Change a Life**: The way this sponsors can help to the people in need.

Choose one of the following elements

1. Investing some money through AIU platform in our financial section.
2. Access through **MyPledge** platform and select one student. We can see their profile, program and why they want to study, the most important part is how we can help.
3. We can send an anonymous donation or a general donation through **Change a life** in the AIU students platform, we go to **MyPledge** and we search for the option "make an anonymus donation".



Vision: To become a platform where people can express themselves and to be listen and respected.

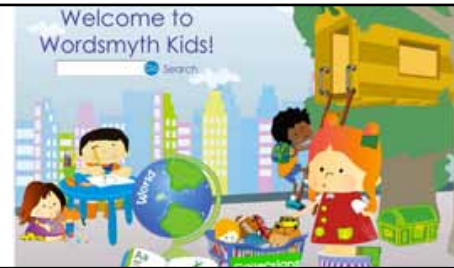
MyAIU Language Center

Mission: Motivate and improve the competitiveness of AIU members professionally in the global environment we live in today, giving them the option to learn and reinforce a language within their University program.



ROSETTA STONE. Ask Student Services how to access this program. Rosetta Stone is proprietary computer-assisted language learning software that uses images, text, sound, and video to teach words and grammar by spaced repetition, without translation. Rosetta Stone calls their approach Dynamic Immersion. Learn different languages: Arabic, Hebrew, Polish, Chinese (Mandarin), Hindi, Portuguese (Brazil), Dari, Indonesian, Russian, Dutch, Irish, Spanish (Latin America), English (American), Italian, Spanish, English (British), Japanese, Swahili, Filipino (Tagalog), Korean, Swedish, French, Latin, Turkish, German, Pashto, Urdu, Greek, Persian (Farsi) and Vietnamese.

FEATURES :: Dynamic Immersion. The student pairs sound or text to one of several images. **Scoring.** The program immediately informs whether the answer is right or wrong. **Audio Companion.** Supplemental audio recordings of words and phrases. **Endangered Language Program.** created in 2004 for language revitalization. **Levels.**



WORDSMYTH. The premier educational thesaurus-dictionary. Free dictionary with default settings. Customize your dictionary to suit your own learning style. It offers different services for a single person in a free or paid suscription and for educational institutions. Use our Search Filters to browse sets of words by topic, vocabulary level, or part of speech. Find entries with images, word parts information, and much more.

FEATURES :: Dictionaries, Comprehensive, Children, Illustrated. **Search Tools,** browse, search filters, reverse search, A-Z word parts. **Puzzle Solvers,** anagram solver, puzzle. **Glossary Maker,** you can save a list of difficult words for you. **Quiz Maker,** Fill in Quiz Maker in which you create your own quiz to learn difficult words, matching quiz, multiple choice quiz. **My Wordsmyth,** activities, games, with support audio. Look up history to search for your previous entries. **Blog,** with articles that includes word of the day, academic vocabulary of the day, examples of use of a word and writting tips.

OneLook
Dictionary Search

ONELOOK. OneLook's reverse dictionary lets you describe a concept and get back a list of words and phrases related to that concept. Your description can be words, a sentence, a question. Type it into the box and hit the "Find words" button. Keep it short to get the best results. In most cases you'll get back a list of related terms with the best matches shown first. OneLook indexes hundreds of online dictionaries, encyclopedias, and other reference sites. By now you may have used the standard search available, which shows you a list of definition links for any word you type in. This is the reverse: Here we search our references for words that have definitions conceptually similar to the words you search for. We do this using a motley assortment of statistical language processing hacks.

FEATURES :: Reverse Dictionary, Wild Card. When you don't know the word you are looking for or don't know how to spell it. **Browse Dictionaries,** look up in 129 different online dictionaries. **Word of the day.**



OPEN CULTURE. The best free cultural & educational media on the web.

Open Culture brings together high-quality cultural & educational media for the worldwide lifelong learning community. Great amounts of intelligent audio and video.

FEATURES :: Essentials. Online Courses, Certificate Courses, Movies, Audio Books, eBooks, Textbooks, **Language Lessons.** Business Courses, K-12 Education, Daily Email. Language Lessons, Arabic, Chinese, English, French, German, Italian, Russian, Spanish. **Great Lecturers.** Michel Foucault, Richard Feynman. Margaret Atwood, Jorge Luis Borges, Leonard Bernstein, Richard Dawkins, Buckminster Fuller, Walter Kaufmann, Jacques Lacan, Toni Morrison, Bertrand Russell, Alan Watts, Richard Dawkins. **Reading Lists By** Neil deGrasse Tyson, Ernest Hemingway, F. Scott Fitzgerald, Allen Ginsberg, Christopher Hitchens, Joseph Brodsky, W.H. Auden, Donald Barthelme, Carl Sagan, David Bowie.



Other Resources

MERRIAM-WEBSTER. An Encyclopaedia Britannica Company. For more than 150 years, in print and now online, Merriam-Webster has been America's leading and most-trusted provider of language information.

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WATCH TO LEARN CHINESE. Nothing but free videos to help you speak Mandarin fluently. This site was created by Philipp Lenssen and Yinxue in 2008, living in Germany, with YouTube videos by their respective creations. There are currently 564 videos from 120 different creators (and counting) that can help you train your Chinese, along with additional material you may have or classes you may take.

LEVELS :: Beginner: introductory material that explains words, small sentences –like “hello” and “how are you”– or the four tones used in Chinese. **Medium:** advanced material explains more elaborate dialogue or sentence structures. The medium level contains perhaps the widest scope of difficulties; think of it as being a level with its own separate difficulties, all mixed into one. **Advanced:** at this level, perhaps you just want to be exposed to more Chinese material to fine-tune your listening, or you want to see how much you can understand when you're watching normal-paced Chinese.

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Vision: Set up the basics to all our users for successful communication in many different languages.